



Child Health Partnership provides at-home support to children and parents to promote the health and well-being of families in our community.



Imagining a Healthy Community

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Spring 2024

Child Health Pilots Mental Health Program



Child Health Partnership is introducing Mothers and Babies, an innovative mental health program for Child Health families. Mothers and Babies is an evidence-based model designed for pregnant individuals and new parents, aiming to mitigate stress and reduce postpartum depression rates. Participants will learn an array of tools to navigate the complexities of mood and anxiety during pregnancy and early parenthood.

Mothers and Babies focuses on three pivotal components: fostering greater engagement in self-care practices, promoting healthier patterns of thought and communication, and bolstering social support networks and community ties. Our first pilot group will offer weekly virtual support group sessions in Spanish for a ten-week period.

Child Health Partnership will offer Mothers and Babies in collaboration with The Women's Initiative, a local nonprofit offering counseling services, social support groups and educational initiatives that enhance women's behavioral health and overall wellbeing. Together, the organizations will

provide parents the extra prenatal and postpartum support they need.

Our overarching goal is to effectively address and diminish rates of anxiety and postpartum depression while fostering positive parent-child interaction and facilitating children's healthy development. We want pregnant individuals to understand the value of emotional health and find help in connecting with others who may share similar experiences throughout their pregnancy, birth, and parenting journey.

For those interested in learning more about Mothers and Babies, we warmly encourage you to reach out to Natalia at natalia.cornejo@childhealthpartnership.org or (954) 998-3612 for an initial eligibility screening. This new service is being made possible with support from Women United in Philanthropy, The Manning Family Foundation, and a private donor.



Child Health is Awarded Spring Grants

We are pleased to announce the award of two exciting spring grants.

Rappahannock Electric Cooperative (REC) awarded Child Health "The Power of Change" grant, to be used for child and maternal health educational support. Since launching in 2005, thousands of Rappahannock Electric Cooperative members voluntarily give to The Power of Change. These

funds are invested back into our communities, by CARE Charity, Inc., a volunteer board.

Additionally, The Perry Foundation awarded Child Health a grant to purchase 17 new computers and a much-needed printer for our staff. The Foundation has supported us previously to purchase vans for the program. Thank you Perry and REC.

Staff Members Volunteer for Earth Day



It's Earth Day, and it is time to be outside. Three of our staff members did just that, giving of their time to assist Camp Holiday Trails with the removal of invasive species on the camp property. What a perfect place to volunteer, as Child Health recommends this special camp to the families we serve. Camp Holiday Trails provides kids with medical limitations the opportunity to experience a positive camp experience. Earth Day was a wonderful time to join forces with a sister non-profit and enjoy the outdoors!



Open House Events are Well Attended

The staff opened the Child Health Partnership offices to the public four times this year. Each open house at our Charlottesville and Zion Crossroads offices drew great crowds and offered an opportunity for the community to learn more about the

work that Child Health does. Tours of the offices were provided by staff members and Executive Director, Jon Nafziger, was on hand to answer questions and share a special family story.



Healthy Babies - Healthy Families - HEALTHY Community

- ♥ 97% of children have a medical home
- ♥ 92% of children have a current developmental screening
- ♥ 83% decrease in children who needed medical care and didn't receive it
- ♥ 78% of children are enrolled in preschool or child care

Welcome Home Natalia and Destiny



Natalia Cornejo recently rejoined the team at Child Health as the Mothers and Babies Coordinator. Now, based in Miami, Natalia previously worked for Child Health for several years as a bilingual Family Support Specialist. An adept bilingual first-generation Latina-American, Natalia brings a wealth of expertise in home visiting, early childhood education, and mental health interventions to meet clients' diverse needs.

She is in the final year of her Master's in Social Work program at Florida State University, and eagerly anticipates obtaining licensure as a clinical therapist to enhance her service to the community.



Destiny Moore was referred to our organization as a teenager fifteen years ago. She appreciated the support of her Child Health team so much that she decided to volunteer with us after graduating from our home visiting program. For many years, Destiny has worked with us as a part-time Outreach Worker leading adolescent girls' groups, staffing our information tables at community events, and

completing developmental screenings on children in the community. In January, Destiny joined our staff as a full-time Family Support Associate providing clients with case management support. Welcome home Destiny!

First Annual Beat the Pros

Under the guidance of Board member Martin Couric and his wife Alida, Child Health was introduced to CavFutures and Beat the Pro's became a reality. CavFutures is the official NIL collective of UVA athletics.

On Sunday, April 14, 75 children were invited with their parents to enjoy the fun of meeting and beating various UVA athletes and a tennis pro from Farmington Country Club. Tickets provided each child with 10 opportunities to "beat a pro" at football, basketball, lacrosse, pickleball and tennis. The pros included: Taylor Lauterbach, Women's Basketball; Cece Webb, Women's Lacrosse and Tony Muskett, Football.



A STORY OF SUCCESS - Registered Nurse, Emily Koester and Family Support Specialist, Ashley Howard Make a Difference

Emily and Ashley were able to help one of their partner families find a healthy home. After home visits with the family Emily and Ashley recognized a problem with the family's living condition. Trying to raise a healthy family in a mold ridden apartment is not ideal. Everyone's health was suffering. The family knew there was an issue but were not sure how to work with the landlord. After coaching from the Child Health team, and education from nurse Emily regarding the effects of mold, the family was able to effectively plead their case to the landlord. The entire family will be moved to a new healthy apartment.

